ORIGINAL ARTICLE

Assessment of Effect of Malocclusion on Masticatory Sound: A Research Study

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ABSTRACT:

Background: Malocclusion has impact of sound production. The present study was conducted to assess the effect of malocclusion on sound. **Materials & Methods:** The present study was conducted on 54 patients age ranged 14-22 years old with malocclusion such as open bite, deep bite, class II malocclusion etc. Patients were made to speak words including m, p, t, f, s,sh, ch, th, and l. **Results:** Out of 54 patients, males were 28 and females were 26. There were no error in 12, m sound error in 10, p in 8, t in 6, s in 7, sh in 3, ch in 2, th in 4 and l in 2 patients. The difference was significant (P< 0.05). **Conclusion:** Malocclusion has impact on sound production. There was significant difference in sound production in patients with malocclusion.

Key words: Malocclusion, Sound, Speech.

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INTRODUCTION

If speech sounds are not produced properly, speech disorders are occured. Structural changes in lips and tongue, the lingual frenulum near the tip of the tongue, the hard palate is too high or flat, cleft lip and palate, nerve and muscle disorders, mental problems and damages in speech and hearing centers in the brain may cause speech disorders.¹

Teeth are articulator organs for formation of sound. The lack of teeth can cause that does not occur normal sound. Relation of maxilla and mandibular, tongue and oral cavity have important role for formation of the sounds. Relation of maxilla and mandibular varies in every patient. Class II patients have difficulties on p, b, m and s sounds. Class III patient have difficulties on s, z, f and v sounds. The way of speaking of patient should be carefully examined, the reasons should be identified which could cause problems in the sound formation.²

Nearly 90% of allconsonants are made in the anterior portion of the oralcavity, suggesting that the dental arch relationship maybe one of the most important factors affecting articulation. A deviation in dental structure or alignment mayinterfere with the normal process of air flow and pressure, as well as proper lip and tongue placement and contouring, thereby affecting the integrity of speech sound production.³

The speech pathology and dental literaturehistorically has had an interest in the impact of thedentition on speech. Studies have demonstrated the useof different articulatory postures to functionally adaptto variations in structural anomalies of the dentalskeletalframework and dentition, including occlusalplane, palatal shape, lingual shape and placement anddentition.⁴The present study was conducted to asses the effect of malocclusion on sound.

MATERIALS & METHODS

The present study was conducted in the department of Orthodontics. It comprised of 54 patients age ranged 14-22 years old with malocclusion such as open bite, deep bite, class II malocclusion etc. Patients with mental retardation, neurologic disorders, thumb sucking, infantile swallowing, previously diagnosed speech disorder and hearing deficits etc. were excluded.

Patients were made to speak words including m, p, t, f, s,sh, ch, th, and l. Results thus obtained were subjected to statistica analysis. P value less than 0.05 was considered significant.

RESULTS

Table I: Distribution of patients

Total- 54			
Gender	Males	Females	
Number	28	26	

Table I shows that out of 54 patients, males were 28 and females were 26.

Sound	No. of patients	P value
No error	12	0.01
m	10	
Р	8	
Т	6	
S	7	
Sh	3	
Ch	2	
Th	4	
L	2	

Table II Sound errors in patients

Table II, graph I shows that there were no error in 12, m sound error in 10, p in 8, t in 6, s in 7, sh in 3, ch in 2, th in 4 and 1 in 2 patients. The difference was significant (P < 0.05).





DISCUSSION

A complex relationship clearly exists between speech and tooth position. Three possible mechanisms by which malocclusion and speech may be interrelated: 1. There may be an occlusal and\ or skeletal problem and coincidentally an articulatory problem. 2. There may be a genetic or metabolic disorder affecting the central nervous system, which will lead to poor motor control and possible distored morphogenesis. 3. There may be a true cause and effect where occlusal or structural anomalies affect articulatory skills.⁵

There are many etiological factors that are common to both problems. If speech defect is present,

it cannot be assumed to have a strict cause and effect relationship with malocclusion. Individuals with normal occlusion may have speech defects and individuals with malocclusions may have normal speech. In most cases, tongue and lips adapt to the malfunctions and irregularities on dental arches so that no speech disorders occur. These people who have tongue-lip adaptation show greater lower lip activity. In defective speakers, tip of the tongue slightly overlay the lower incisors at rest and protrude beyond the lower incisors during "s" production. Therefore the adaptation capacity of oropharyngeal structures has an important role. This adaptation is related to one's character, level of intelligence, muscle control, emotional state and social conditions.⁶The present study was conducted to assess the effect of malocclusion on sound.

We found that out of 54 patients, males were 28 and females were 26. There was no error in 12, m sound error in 10, p in 8, t in 6, s in 7, sh in 3, ch in 2, th in 4 and 1 in 2 patients. Johnson et al^7 in their study one hundredfifteen

patients (8.2-36 years of age) seeking orthodontic evaluation were assessed for speech sound productionabnormalities. An orthodontic clinical examination assessed Angle classification. overiet. overbite, crowding, spacing, and crossbites. A standard speech sample was elicited from each subject. Results: The results indicated that 71 (62%) of the subjects made a production error, particularly with the /s/ and /t/ sounds. However, auditory distortions occurred in 12 subjects (20%), and 56 (80%) subjects had visual distortions of the sound.An open bite (.2 mm) was the key malocclusal factor underlying speech sound errors. There was statistical significancebetween the Orthodontic Treatment Priority Index and the sound errors of /s / and /t/ (mean score of 9.54 vs 6.29 for subjects without sound errors).

Vallino et al⁸ conducted a study which indicated that study indicated that the /s/ sound was more sensitive o deviations in the dentition than others. Anothersound, /t/, was also misarticulated frequently in ourstudy. /s/ and /t/ have a common placement(linguoalveolar) in that the lingual apex makes contact with the alveolar ridge for sound production, but theydiffer in acoustic properties and their manipulation pressure mechanics. ofair flow and In most incidences, misarticulation of one of these sounds went hand inhand with misarticulation of the other. From a visualstandpoint, lingual protrusion for the /s/ sound anddental edge contact for the /t/ sound were noted moreoften than other placement error types. These visualinaccuracies occurred more often than articulatory distortions, indicating that the target sound was oftenmade in a different position than typically expected; yet it was able to retain enough of its acousticproperties to be perceived as adequate for acceptance.

CONCLUSION

Malocclusion has impact on sound production. There was significant difference in sound production in patients with malocclusion.

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